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MAGAZINE

OCTOBER 2024



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WELCOME

This issue celebrates all of the winners and the finalists of the CMSUK Awards 2024.

We were lucky enough to be in attendance to see the winners recognised at a sparkling afternoon event in London. It was a wonderful celebration of the profession and the wider community involved in rehabilitation. You can read all about the winners on page 7.

Trevor Sterling is a major trauma lawyer who has dedicated his career to changing the landscape of personal injury law, embracing a focus on rehabilitation and working closely with case managers to make vital changes. You can read our full interview on page 11.

This issue we highlight the charity Gympanzees, that is behind the creation of an incredible centre that will provide disabled children, young people and their families with a fully inclusive and accessible centre for physical activity, exercise and play. Following years of fundraising and hard work, the centre is finally set to become a reality, read more on page 34.

You will also find product highlights, daily living aids, information on courses and events and much more. If you would like to share an article with CM Magazine about your role as a case manager, or about a service, charity or organisation, please don't hesitate to contact me on **Ros@CaseManagementUK.co.uk**.

“ This issue celebrates all of the winners and the finalists of the CMSUK Awards 2024.



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CONTENTS

07 **CMSUK AWARDS**
We celebrate the winners of this year's CMSUK Awards

10 **TREVOR STERLING**
We caught up with major trauma lawyer Trevor Sterling, who was awarded the Outstanding Contribution Award at the CMSUK Awards this year

16 **WELCOME TO ACCESS**
Discover more about the system that alerts businesses to a person's access needs prior to their arrival

19 **WHY OTS MAKE GOOD CASE MANAGERS**
Susanna Robinson from Keystone Case Management, explores the close alignment of the role of an occupational therapist to that of a case manager

22 **PRODUCTS**
A look at the equipment that exists to empower the lives of disabled people

26 **THE OT SHOW**
A look at what is on offer for case managers at The OT Show

29 **DAILY LIVING AIDS**
The small products that make a big difference

31 **CLINICAL CASE MANAGER OF THE YEAR**
We speak to Leo Woodbridge about the case that saw him recognised at the CMSUK Awards this year

34 **GYMPANZEES**
Discover the incredible centre that will provide disabled children, young people and their families with a fully inclusive and accessible centre for physical activity, exercise and play

38 **PAEDIATRIC PRODUCTS**
Discover the life-changing products that exist to empower children and young people

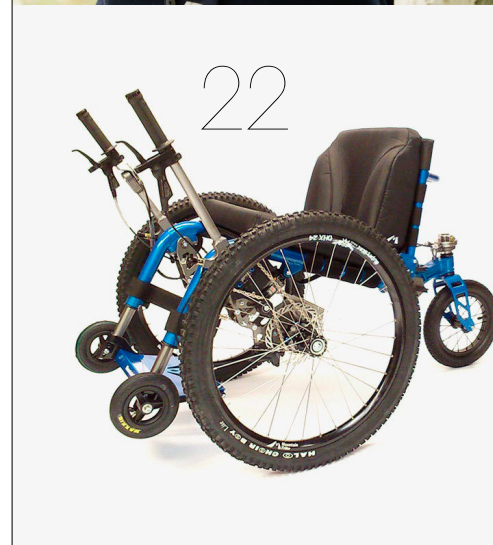
42 **DATES FOR YOUR DIARY**
Courses and events to further your learning and education



40



10



22

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CMSUK AWARDS

2024



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Last month the highly-anticipated CMSUK Awards took place at the Hilton London Tower Bridge. These Awards exist to recognise and celebrate the invaluable work that case managers do every day in a constantly changing and ever-growing industry.



As media partners, we were delighted to be invited to attend the Awards ceremony and to witness first-hand the deserving winners receiving their accolades. The afternoon event was a fitting tribute to the profession of case management and all those who work within it. It was expertly hosted by Matt Hughes, managing director of Dorset Orthopaedic who were also the headline sponsor of the event, and we were treated to a talk from Martin Perry, a Paralympic table tennis player with unrivalled Scottish wit and the ability to engage and uplift the entire room as he shared his own personal journey of disability.

Other stand-out moments included the Outstanding Contribution Award being presented to Trevor Sterling, a major trauma lawyer who has dedicated his career to improving the way personal injury cases are handled (read a full interview with Trevor Sterling on page 11 of this issue). Alongside this was a humbling moment as Carole Chantler was surprised with the Case Manager Lifetime Achievement Award, for her tireless and transformative work in the case management arena. Her genuine surprise brought tears to the eyes of many, and it served as a very uplifting note to end the day of celebration on.

We would like to extend a huge congratulations to the finalists and winners of this year's CMSUK Awards, we can't wait to see the incredible calibre of next year's finalists! ➤

CMSUK AWARD WINNERS 2024

Catastrophic Case Manager of the Year Sponsored by STEPS Rehabilitation

Finalists

Jennifer Rudd
Alex Williams

Rachael Chadwick
- Winner



Partnership Initiative of the Year Sponsored by Corporé

Finalists

Nicola Ewell of Tania Brown Ltd Case Management featuring client/family and Stewarts Law

Proclaim Care & AIG Life

Remedy Healthcare, Unite Professionals & Leeds Teaching Hospital Trust - Winner



Clinical Case Manager of the Year Sponsored by Karen Burgin Ltd

Finalists

Rachel Walters
Shani Spriklejohn

Leo Woodbridge - Winner



Rehabilitation Innovation of the Year

Sponsored by Thornbury Community Services

Finalists

The Rehabilitation Partnership - Winner

Dorset Orthopedic
Proclaim Care



Supporter of the Year Sponsored by Florence

Finalists

Julia Barnett - Winner
Tina D'Dunha



Service Provider of the Year Sponsored by Neuro Health Case Management

Finalists

Traumaticus
London Scar Therapy

Retraining Pain - Winner



Large Case Management Company of the Year Sponsored by Allied Mobility

Finalists

Proclaim Care

Circle Case Management - Winner

Maia Rehabilitation Ltd



Small Case Management Company of the Year

Sponsored by *Allied Mobility*

Finalists

The Rehabilitation Partnership - Winner

Abbie Udall Associates

Breakthrough Case Management



Charity of the Year

Sponsored by *PLG*

Finalists

Day One Trauma Support - Winner

REMAP

Ski4ALL Wales



Outstanding Contribution Award

Trevor Sterling



Case Manager Lifetime Achievement Award

Carole Chantler



JUDGES

Thank you to the judges who provided their time and expertise in judging the award categories for 2024.

Adam Shelverton

Allyson Ballard

Belinda Gibbs

Carol Chantler

Chris Bartlett

Darren Bucys

Elaine Miller

Emma Way

Heidi Stanley

Jackie Dean

Jacqui Beasley

Jason Beaumont

Jason Chidwick

Jo Evans

Julie Denning

Karen Burgin

Lisa Turin

Pauline Rainey

Raj Mann

Rhiannon Stokes

Sally Britton

Sally Plumb

Sophie Lester

Sue Ford

Teresa Shaw

Trevor Sterling

Vicki Gilman

Victoria Collins

Victoria Leever

CHANGING
THE
LANDSCAPE
OF PERSONAL
INJURY



We spoke to Trevor Sterling, senior partner at Moore Barlow, following the CMSUK Awards where he was the recipient of the Outstanding Contribution Award

Trevor Sterling is a senior partner at law firm Moore Barlow and head of the major trauma division. He has recently celebrated 40 years in law, and at the recent CMSUK Awards, he was awarded the Outstanding Contribution Award recognising the work he has undertaken as a major trauma lawyer and the strides he has taken to change the landscape around rehabilitation in personal injury cases.

Following an unconventional route into law, Trevor Sterling now finds himself as one of the most prominent lawyers in the area of personal injury. He has represented clients in several high-profile cases, including survivors of the Croydon tram crash, Jimmy Savile child abuse victims, a survivor of the Paddington rail crash, Thalidomide victims, as well as securing a landmark victory in the House of Lords in an employer's liability suicide case.

Here, Trevor shares his journey into the profession of law, what drew him to the area of personal injury, and the motivations behind transforming the way lawyers address personal injury cases.

"My route into law was unconventional, I often say the law found me in many ways because I left school at 16 and I wasn't working. I received a call from a careers advisor and he offered me three jobs; one was a tennis racket stringer, one was a warehouseman, and the other was an outdoor clerk for a law firm. By pure good fortune I decided the outdoor clerks job sounded interesting, mainly because >



I committed to understanding that our role really was to support the individual"

I thought that going home and telling my parents that I would be working for the solicitors would be more impressive than telling them I would be working in a warehouse."

"I started as an outdoor clerk, then I became a legal assistant, then I really fell in love with the law watching all the lawyers around me. I started studying the legal executive course and having become an assistant and showing some ambition I started working with a couple of the senior lawyers, but one partner in particular called John Moore and he really nurtured me. I think the important thing about that in a starting position for me, was that as a trade union firm we really bought into the ideology of supporting, not just the individual, but those around the individuals.

"That philosophy behind helping someone improve healthwise, was instilled in me by the philosophy of trade union work, because it wasn't just about helping the injured person, but about improving health and safety at work. That's the philosophy that has always stayed with me."

Trevor qualified as a legal executive and a solicitor in the same year, at the age of 25 and went on to become a partner at just 28 years old. He was drawn to the personal injury side of the law, as he fundamentally saw that he could make a positive difference to people's lives and the wider world.

"I really liked the idea of health and safety and trying to, on a broader level, make the world a better place, but also on a micro level, when people are injured the idea that you would help them recover and also improve their workplace was really attractive.

"I loved being able to support people from all different backgrounds. By that, I mean not just different communities, but



I felt that personal injury had become an 'industry' and we had forgotten that caring component that was really important"

different workplaces, because at that time, the primary type of work was in employer's liability, nowadays it is road traffic, but back then it was employers' liability.

"I dealt with industrial disease cases – mesothelioma where people were dying, diagnosis and prognosis was maybe just 12 months – industrial disease, vibration white finger, deafness, and just straight forward accidents at work. It was really interesting and diverse, and then I started doing some aviation work acting for British Airways cabin crew, and they would often have accidents abroad so I would have to deal with claims from different jurisdictions. I just found it absolutely fascinating, I absolutely loved it, I have always had a passion for it."

Dealing with major trauma cases is not an easy task, nor is working on high-profile cases. Becoming emotionally invested in unavoidable, but Trevor treats each individual case that he works on as his absolute priority, and his experience has allowed him to manage his approach and empathy accordingly, as he explains:

"You're right, I have dealt with some really tremendously high-profile cases, but for

me each case has its importance, some may have different legal principles but each case, each individual - to them it's the most important case, so it should be the most important case to me.

"There was a case where an individual came to see me and he was severely depressed and he decided, unbeknownst to me, to take his own life, and he committed suicide the day after seeing me. He had a letter on him so the authorities knew who to contact, and it was incredibly distressing, he left a wife and two kids.

"The law at that time was that if you take your own life it's your fault, essentially. We lost in the High Court and went to the Court of Appeal and we won in the House of Lords, and it completely changed the law, it was the first of its type since 1957. But it stayed with me, it really was an illustration that severe injuries are a matter of life and death – and particularly the psychological impact.

"That had a real impact on me and that was compounded because when we got the judgement through from the House of Lords, my friend at the age of 39 had a cardiac arrest, and I went on this personal journey with him as a friend. After that I committed to change the way that I would practice in personal injury. I committed to understanding that our role really was to support the individual, I felt that personal injury had become an 'industry' and we had forgotten that caring component that was really important.

"Personalising it was something that I saw as an important tool. Having it not affect you on a personal level, I think is a skill that comes with experience - in the same way that if you go to see your doctor suffering from all sorts of ailments your doctor should be empathetic but shouldn't break down on your shoulder.



Above
Trevor Sterling accepting his
Outstanding Contribution Award
at the CMSUK Awards 2024

“You need to find ways of being able to have a release. I find that release from running a charity, I am the Chair of the Mary Seacole Trust, and from the work I do for diversity. So my mind switches from the tragedy to making life better as a whole, and that really empowers you, you really feel you are making a difference, so it reduces the personal impact.

“I would have to say, I have dealt with the Jimmy Savile cases, the Paddington rail crash, the Croydon tram crash, an Al Qaeda attack in Algeria, and they are all horrific, but the one case that has got me personally is the case that involves the two eight-year-olds who were killed in Wimbledon. I think any accident that involves the loss of children, despite what I just said about that veneer you can use to protect yourself, it doesn't apply when it's young children. I am a father before I am a lawyer, and there you have just got to allow that to ensure you do as much as you can to get justice for the family. I expect that when that case is completed I will sit down and have a period of reflection, because that has been a difficult case.”

CHANGING THE LANDSCAPE

Following the personal impact that Trevor felt supporting his friend who had had a cardiac arrest at the age of just 39. Trevor decided that things needed to change, that the way his firm practiced needed to change, and so the Major Trauma Service was born. This was designed to be a more holistic service for clients who had endured major trauma, offering lawyers who were better skilled at handling the health and social care aspects of a case. It then led to the creation of the Major Trauma Group.



Above and below

Sue Ford, Chair of the CMSUK Board and Membership Committee, presenting Trevor with his Outstanding Contribution Award





They are that incredible link between taking those funds and converting those funds into actual, practical support for the individual”

“Everybody in our team is inducted around health and social care aspects and those softer skills of empathy, being able to go into hospital and give support. Once we had done that I just felt it was important that those who had suffered injury could choose lawyers that they could expect to have that kind of level of support with a rehab focus, and so the Major Trauma Group just seemed the logical way of doing that. It brings together law firms that are like-minded, together with clinicians and others that help support clients. It's not just law firms, Carole Chantler is involved and Remedy are involved, so it gives us this tremendous insight into the practical issues, and then we can think as lawyers how we can, within our own practices, make sure we are giving the right level of support. It's also useful as a campaigning body as well – around injury cost recovery and things like that. It's a collective voice rather than an individual voice.”

WORKING WITH CASE MANAGERS

Trevor is a huge supporter and advocate of case managers and the incredible work they do. He recognises how valuable their skills, expertise and knowledge are to any major trauma case, and acknowledges the importance of their presence in ensuring that as lawyers they remember the most important thing is to help the individual rehabilitate and recover.

“I refer to case managers as our angels. They are the conduit between what we do, which is to access funds through what is unfortunately an adversarial system, but underpinned by the rehab code it really doesn't need to be when it comes to recovery. They are that incredible link between taking those funds and converting those funds into actual, practical support for the individual. It is not a role that exists within the NHS, so it helps us to supplement what the NHS can provide, utilising both statutory provision and funding through the insurers. More importantly it is a gentle hand given to the client, because clients don't really want legal speak at their moment of need, they want someone who understands what they are going through and who can find those immediate solutions. And that's what case managers do, they are incredibly important to the work that we do, they allow us to focus on the legal aspects, but they are a reminder to us that our primary aim is to help the individual recover, and they deliver on that and then some.”

When asked what it meant to have been awarded an Outstanding Contribution Awards from CMSUK, Trevor commented:

“It was huge. I was incredibly moved, because I have taken some chances with my career in saying I don't think we get it right all the time as lawyers, claimant or defendant, so let's try and do it differently. This is why we call ourselves major trauma lawyers at Moore Barlow and we have the Major Trauma Service, so to try and think outside the box and to work more closely with case managers and to be recognised by CMSUK, it's just tremendous. There are all of these awards you get for having run a case where you have recovered X amount of pounds, but actually what CMSUK said to me and my team is that you care, you care about the individual, so it's just a huge acknowledgement and wonderful recognition.”

WELCOME TO ACCESS

Discover **WelcoMe**, a system that allows disabled people to notify venues of their access needs prior to their arrival, ensuring that their specific accessibility needs are catered for in a timely manner, reducing anxiety and increasing the confidence of the user. Gavin Neate is the creator of WelcoMe and he explains how this app can transform the lives of users

Mike walked through the door back out onto the street, paused and turned back to me:

"Gavin, could you do me a favour please?"

I took a step forward and he leant into me obviously wishing to keep what he was going to say confidential.

"Could you pop back in and find out the name of the person I was talking to lad? I'm pretty sure they wear a name badge but if you could find out who they are it would be really helpful."

Mike instructed his guide dog to sit, rested the harness handle on its back and continued:

"It's just that I've been coming here for five years and they know who I am and know I'm blind, but always presume I know who I'm speaking to. I'm now too embarrassed to ask."

I head back into the Post Office, introduce myself to Derek, who is wearing a name badge, and explain that I am just going over some new routes with Mike and his new guide dog. I return to Mike, let him know Derek's name and we go on our way.

Mike's experience is by no means unique and is the tip of the iceberg when it comes to how staff members interact with disabled people in general.

Not introducing yourself to a blind person, being unaware of a bright light behind you when talking to a person who lip reads, or talking to the person standing next to the wheelchair user instead of the person themselves, are all mistakes which can easily be avoided, but seldom are.

As a mobility instructor my job was to support my clients through these challenges, but this experience and others like it led me to think more about the disability awareness training staff members received, whether it was as effective as it needed to be and ultimately whether it could be improved.

Traditional staff training relies on a monumental level of information retention and its recall, impossible to achieve with even the very best training environments. Add to this that the vast majority of disabled people are living with "hidden" conditions and it is unreasonable to expect staff members to "get it right" every time.

As a mobility instructor working for Guide Dogs for the Blind I would address this at the moment of, or after an interaction, and where possible I would do my best to meet with staff ahead of a visit and carry out awareness training. I was very aware that this was far from efficient or considering a high turnover of staff in many businesses, far from a long-term solution, but what if I could automate this process, how much better could I make it? What if instead of providing the training myself I was

able to empower my clients to do this themselves?

It wasn't until 2018 that my company launched WelcoMe, but the answer had initially presented itself in 2006 when one of my clients had pulled out a mobile phone and, through their use of Apple's Voice Over, interacted with it.

If I could connect each disabled person's mobile phone to the venue they were visiting, a pre-populated disability profile could trigger training prior to a visit and empower the disabled person to take control of the level of service they required. In addition, I could provide the tool for use by other professionals who could introduce the service to their clients

or even set up profiles on their behalf and use the tool to enable them to take a step back from any interaction.

Now, in 2024 WelcoMe is growing and available in an increasing number of venues across the UK and Republic of Ireland. Its use in health services, government, hospitality, retail, transport, leisure and tourism is fundamentally changing the relationship between service teams and their disabled visitors. It is empowering disabled people to actively take control of each interaction and creating an environment where disability professionals can focus on increasing the independence and confidence of their clients.

Find out more: [Welco.me](https://www.welco.me)



A pre-populated disability profile could trigger training prior to a visit and empower the disabled person to take control of the level of service they required

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WHY OTS MAKE GOOD CASE MANAGERS

Susanna Robinson, quality manager expert witness at Keystone Case Management, explores the close alignment of the role of an occupational therapist to that of a case manager

Case management is a rapidly evolving profession to which increasing numbers of occupational therapists are drawn. This article provides a short background to each profession and examines the relationship between them. It suggests that the underpinning knowledge and practice of occupational therapists is what enables them to transition into case management with relative ease, with a case management company to provide a structure to support them transition.

There is a debate about how long OT has been in existence, but by the 1800s the benefit of occupational engagement was increasingly understood. Promoting participation in activities of daily living, as well as in arts and crafts, was encouraged. Underpinning the practice of occupational

“Occupational therapy is the belief, and observed impact, that engaging in occupations is fundamental to a person’s health and wellbeing”

therapy is the belief, and observed impact, that engaging in occupations is fundamental to a person’s health and wellbeing. Never fitting neatly into the medical model, OT was grouped with other therapies due to its name, treatment settings and processes. However, it stood out as a unique and holistic practice. It was World War One which proved a pivotal time for its development with an urgent need to provide for the mental and physical rehabilitation of returning soldiers. Since then, the profession has continued to flourish and OTs are found working in hugely diverse ways and places, including across age groups, settings, sectors, and specialities.

By contrast, case management practice is relatively young in the United Kingdom. >

Harrison, Collins & Irwin (2013) explain its history and the context for case managers for the personal injury litigation sector, within which many operate. The ensuing years since their article sees ‘Case Manager’ remaining an unprotected title and an unregulated profession with no specific educational qualification route (IRCM). Instead, most individuals transition into case management from a range of educational or occupational routes, often from a health or social care professional background, and the majority being from occupational therapy, physiotherapy, nursing and social work. Interestingly, the CMSUK (Case Management Society of the UK) Standards were based on those of the Royal College of Occupational Therapists (Harrison et al, 2013). However, the establishment of the Institute of Registered Case Managers (IRCM) has been a significant step forward in the setting and raising of standards for practice (Chantler, 2024).

The role of the OT is to facilitate a person to do the activities, or occupations, that they need, want or have to do. This means being client centred. The OT needs to strive to understand the client, their circumstances from their perspective and then focus assessments, interventions and re-evaluations on those daily life tasks that present as challenges to them and which they have prioritised as wanting or needing to perform. The OT is uniquely trained to observe the client doing the tasks they wish to perform more effectively and from this, establish which skills are affecting the quality of performance. Only after this does the OT consider the causes of the client’s challenges. The OT’s skills are also in understanding the relationship between the person, the occupation and the environment and how one may affect, or be affected by, the other. By making or enabling a change to one of these aspects, or some combination of these, the client’s occupational performance is enhanced as



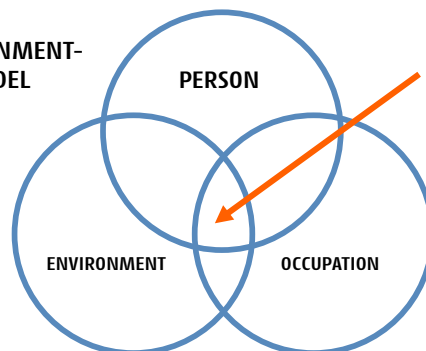
The establishment of the Institute of Registered Case Managers (IRCM) has been a significant step forward in the setting and raising of standards for practice”

is their engagement and participation in life roles (Royal College of Occupational Therapists, 2021).

Through a process of assessment, intervention and outcome evaluation, the OT can continue to adjust or grade the interventions needed. In short, an occupational therapist will use creativity and problem-solving skills to support people who find some areas of life difficult and enable them to live an improved quality of life and their personal goals. (Royal College of Occupational Therapists, 2024).

Case managers are found practising in a range of health and social care settings. The term ‘case manager’ can be applied loosely within some mainstream health and social care provisions where a particular professional acts as a care coordinator or key worker (Harrison, et al., 2013). However, in this article, a case manager (CM) refers to those working with clients who have experienced catastrophic and complex injuries resulting from an accident or injury. In these cases, CMs are often instructed under the Rehabilitation Code (CMSUK, 2015) to promote collaborative use of rehabilitation and early intervention in the compensation process. This prioritises the best and quickest possible medical, social and psychological recovery for the injured person.

PERSON-ENVIRONMENT-OCCUPATION MODEL



OCCUPATION PERFORMANCE

The CM organises, facilitates and evaluates options to best meet an individual’s health, social care, educational and employment needs. The CM strives to achieve holistic client wellbeing by advocating for their needs, identifying providers and ensuring services are cost-effective regardless of who is providing the funding. CMs instigate services in either the public, private or charitable sector. Their responsibilities include assessing clients to determine their immediate requirements and then ongoing priorities, coordinating care providers and facilities, explaining therapy and other treatment options to the client, regularly communicating with clients and their families and stakeholders regarding treatment options and progress, advocating for the client’s best interests, promoting client safety and quality of care provision, evaluating and monitoring the effectiveness of various therapies and programmes.



For CMs, the stakeholders can have conflicting needs and so advocating for the client’s best interests can be essential”

The effective OT or CM needs to demonstrate competence in similar skills. They need to carry out a holistic needs assessment which is client-centred; to demonstrate empathy and competent rapport building to establish trust and therein, a therapeutic relationship with the client. They need to see and treat the client as an individual. Excellent communication is required with both the client and their family, as well as other stakeholders. For CMs, the stakeholders can have conflicting needs and so advocating for the client’s best interests can be essential. Goals and solutions are keystones of OT practice; the case manager needs to be goal focused and skilled at complex problem solving. Effective coordination is essential, as is evaluating the impact of treatment interventions for the adjustment of programmes. The OT and CM need to be creative, innovative and robust. Neither should be fazed by juggling different demands, by justifying their input and in producing well written reports or documentation.

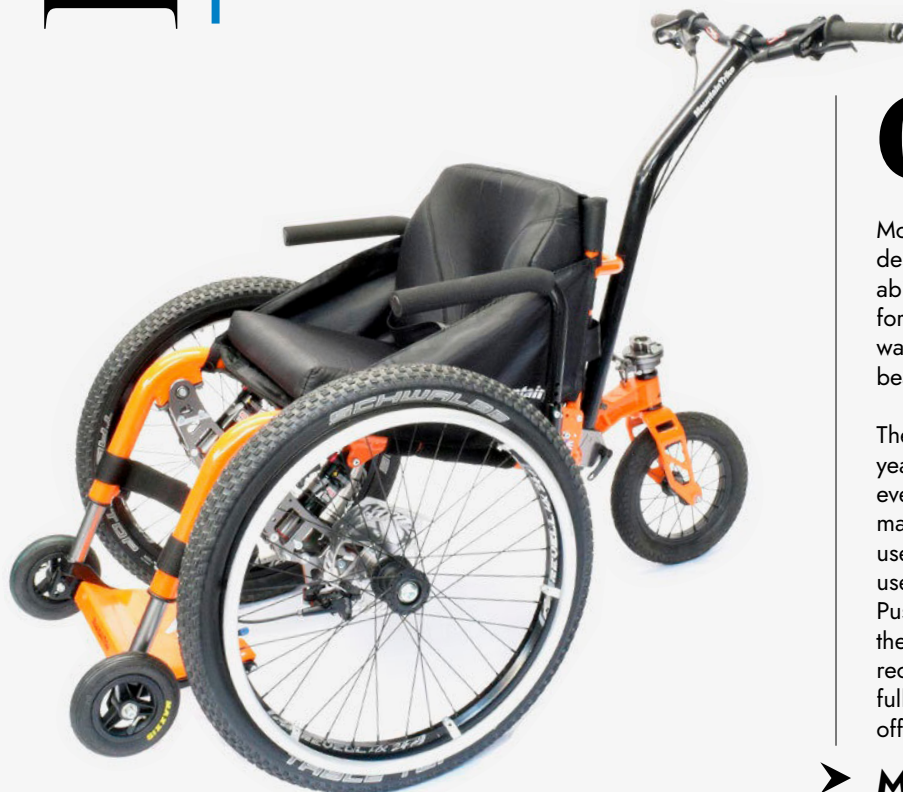
REF: KEYSTONE CASE MANAGEMENT



In summary, the OT is skilled at assessing the interaction between the person, occupation and environment in the context of an individual performing daily life tasks. They can establish where the challenges might lie in carrying out these tasks effectively and produce solutions to improve performance. They can use this knowledge to bring about change and improve a person’s quality of life. These skills are easily transferable into the role of a CM who is looking to coordinate and orchestrate a range of services and expertise needed by someone who’s life has been severely disrupted and needs restoration. However, to ensure a smooth transition into the role, a health or social care professional will find that a case management company experienced at working within the compensation arena and offering the appropriate training and support is essential.

PRODUCTS

Exploring the innovative products that exist to empower users and improve daily lives



01 Mountain Trike

Mountain Trikes are all-terrain wheelchairs designed to allow disabled people the ability to access the outdoor world. Built for users who want to tackle woodland walks, rough terrain and explore off the beaten track.

The Mountain Trike has evolved over the years to include different versions to suit every user. The original Mountain Trike has manual levers that are pushed to propel the user forward, the MT Evo is designed for users with limited hand function, the MT Push is an attendant-controlled wheelchair, they have electric options, and they have recently introduced the SDMotion Trike – a fully electric-powered, joystick-controlled, off-road all-terrain wheelchair.

➤ [MountainTrike.com](https://www.MountainTrike.com)



02

Balder Liberty

Balder is a unique electric wheelchair that has been designed to be reliable, robust and made to an individual's specifications. Available in both adult and junior sizes, the Liberty is a highly adaptable powerchair with countless options enabling users to find a powerchair completely bespoke to them.

The Liberty is a rear wheel drive powerchair allowing it to tackle most terrains smoothly and easily. It has great manoeuvrability, tilt-in-space movement, five powered seat functions, and lay flat and variable seat height.

Users can personalise their Liberty with a choice of seating systems and fabrics, as well as the chassis cover colour. They also have a wide range of accessories which include, powerful LED lights for extra safety, bag hooks, USB charging ports, mounting options for crutches, folding tables, side mirrors, and many more.



Balder.co.uk





03 The Palma Vita Wash and Dry Toilet

Closomat's Palma Vita Wash and Dry toilet is an excellent solution for anyone who struggles with independent toileting. The wash function on this toilet is activated by pushing the elbow pad, this activates a gentle flow of warm water followed by the automatic air-drying function. It allows anyone living with limited upper limb mobility or dexterity, to independently use the toilet safely and comfortably.

It can be easily personalised to suit individual needs. A full range of accessories, such as specialised seating, lifts and grab handles, can be specified at the installation stage, or added later as needs change. In fact, there are over 150,000 permutations, so you can be sure that even the most exacting requirements can be met. It's the only toilet of its kind, and has been specifically developed for older and disabled people.

Closomat.co.uk





04

Tri-Chair Three

Tri-Chair Three is ideally suited for semi and non-ambulant users. It is designed for adults who require comfort and a high level of postural support when seated, and those who require a high level of pressure care management.

The Tri-Chair Three can be configured in terms of seat height, width and depth, arm and back height, as well as incorporating tilt-in-space, independent back angle recline and leg rest elevation, ensuring users achieve the optimum level of support and comfort. Correct sizing and precise articulation of the seat, back and leg rest, stabilises the pelvis without compromise and distributes body weight to effectively manage pressure hotspots.

The chair is highly durable, lightweight and fitted with directional lock castors to improve mobility. The chair has been designed to be used with most hoists and stand aids to ease transfers into and out of the chair, and it can be used in stroke care, acquired brain injury care or with individuals with cerebral palsy.

Tri-Chair.co.uk





The Occupational Therapy Show 2024

Discover what the Occupational Therapy Show 2024 has on offer for case managers

What is The Occupational Therapy Show?

The Occupational Therapy Show is the UK's leading event for OTs, bringing together over 5,000 professionals from across the country for two days of unparalleled learning, networking, and discovery. Covering a wide range of specialist areas, the event is designed to equip you with the latest tools, insights, and innovations to enhance your practice and support your clients' independence.

With over **100 hours of CPD-accredited content** through expert-led educational sessions, interactive workshops, and an extensive exhibition featuring 180+ leading suppliers showcasing the latest products and technologies, the OT Show offers everything you need to advance your professional development all in one place.

The OT24 Conference Programme

The OT Show's conference programme is meticulously curated to deliver the most relevant and up-to-date information for the occupational healthcare sector. This year's programme will allow you to hear from industry leaders, engage in clinical discussions, and gain actionable insights to take back to your practice.



Top Speakers to Watch Out For

The OT Show features a stellar lineup of key speakers. Notable names include:

- **Carole Chantler, Chair** – Institute of Registered Case Managers
- **Jackie Dean, Director** – Institute of Registered Case Managers
- **Joanna Fletcher-Smith, Director** – Institute of Registered Case Managers
- **Paul Smith, Director** – Foundations
- **Rachel Russell, Senior Regional Advisor** – Foundations
- **Samantha Shann, President** – World Federation of Occupational Therapists (WFOT)

These speakers will share valuable insights into the future of occupational therapy, best practices, and the latest innovations driving the profession forward.

Keep an eye on this year's conference programme which will continuously be updated with new names and sessions here: [TheOTShow.com](https://www.theotshow.com)

Secure your free pass today:
[TheOTShow.com](https://www.theotshow.com)

Key Clinical Streams for 2024

The OT Show offers a range of clinical streams tailored to various specialties, ensuring there's something for everyone, no matter your area of focus.

Housing

Delivered by Foundations, the housing stream will focus on managing 'behaviours of concern' and handling adaptations that exceed £30k. These sessions will cover judicial review insights and how local authorities are collaborating with occupational therapists to ensure social housing is better suited for residents with sensory or developmental needs.

Neurology

This stream will help delegates align their current practices with the most up-to-date evidence, reflecting on guidelines and delivering practical interventions to improve client outcomes.

Mental Health

Mental health has been a key focus since the OT Show's inception, and this year's stream continues to highlight the critical role of OTs in mental health services. Sessions will cover personality disorder diagnoses, forensics, eating disorders, dementia, CAMHS, and perinatal mental health, offering a well-rounded approach to this growing area of need.

Paediatrics

The paediatrics stream offers a variety of sessions covering the care of children and young people with ASD, sensory disorders, developmental coordination disorders, and more. This stream also addresses challenging behaviours and strategies for managing them in both clinical and educational environments.

Contemporary Practice

A relatively new stream, contemporary practice highlights OTs in 'non-traditional' roles or positions where professional skills are applied outside of traditional settings. These sessions aim to broaden the scope of what occupational therapists can achieve and offer inspiration on emerging career opportunities within the profession.

Don't miss your chance to be part of the **Occupational Therapy Show 2024**. This event offers a unique opportunity to stay ahead of industry developments, gain practical knowledge from hands-on workshops, and explore the latest products and innovations that will help you provide even better care to your clients.



CONFERENCE PROGRAMME

is live!

**REGISTRATION IS OPEN,
SECURE YOUR FREE TICKET NOW**



Join us at The Occupational Therapy Show, the UK's leading event for occupational therapists, and be part of an exciting two-day program designed to inspire, educate, and shape the future of occupational therapy.

With hands-on workshops, interactive demos, and talks from leading industry figures, this is your chance to stay ahead in your field and elevate your practice.

Don't miss out - register today and empower your career while transforming client care!

TOP SPEAKERS INCLUDE:

Carole Chantler

Chair - Institute of Registered Case Managers

Jackie Dean

Director - Institute of Registered Case Managers

Joanna Fletcher-Smith

Director - Institute of Registered Case Managers

Paul Smith

Director - Foundations

Rachel Russell

Senior Regional Advisor – Foundations

Samantha Shann

President - World Federation of Occupational Therapists (WFOT)

CONFERENCE SESSIONS NOT TO MISS:

Managing large & complex adaptations that cost more than £30k

Theatre 1 | 12:15 - 13:00 | Wednesday 27th November 2024

'Just an extension of my role?' – using core skills in the emerging role of case management

Keynote Theatre | 13:45 - 14:00 | Thursday 28th November 2024

Case management: your next step?

Theatre 2 | 11:15 - 11:45 | Thursday 28th November 2024

Evidence-Based Practice – What, Why, and How?

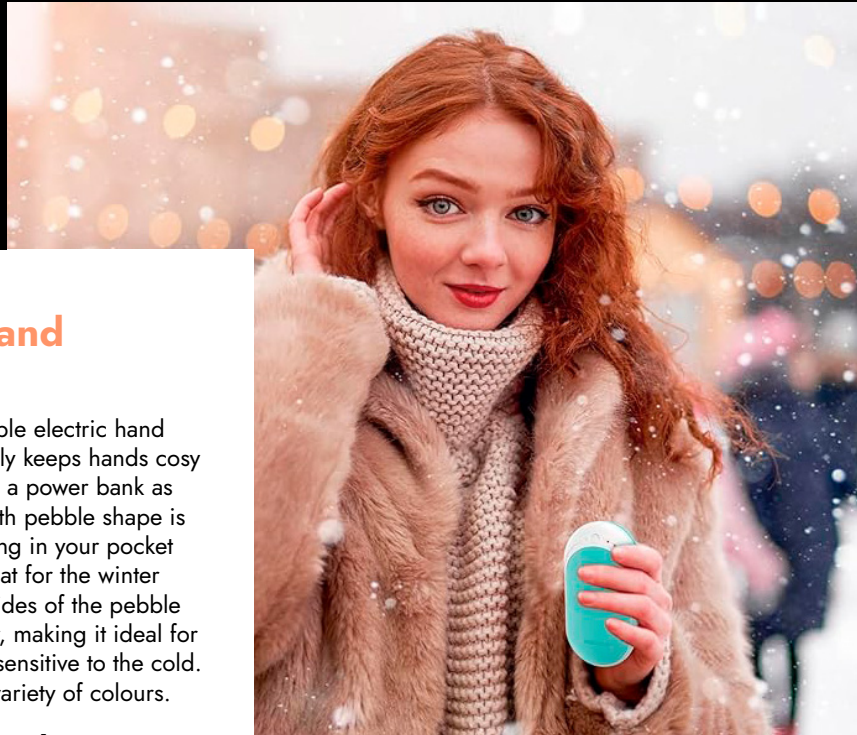
Theatre 2 | 14:45 - 15:15 | Thursday 28th November 2024

Beyond the Labels - The Unique Perspective of Occupational Therapy in Acquired Brain Injury: A Case Study

Theatre 1 | 09:45 - 10:15 | Wednesday 27th November 2024

REGISTER TODAY AT WWW.THEOTSHOW.COM/CMMAGOCT

Discover the everyday aids that could improve quality of life for your clients



2 in 1 Hand Warmer

This rechargeable electric hand warmer, not only keeps hands cosy but also acts as a power bank as well. The smooth pebble shape is ideal for carrying in your pocket or bag and great for the winter months. Both sides of the pebble heat up quickly, making it ideal for users who are sensitive to the cold. Available in a variety of colours.

[Amazon.co.uk](https://www.amazon.co.uk)

DAILY LIVING AIDS



Nimble

One of our favourite products, the Nimble is a very simple yet effective tool for anyone who has trouble opening packets or packaging. The thimble style device slips onto a user's finger and the small, safe blade slices through packaging easily, ensuring users will not injure themselves when opening packages.

[ActiveHands.com](https://www.ActiveHands.com)

handSteady Cup

This innovative cup has a rotatable handle, it ensures users do not have to twist their wrist, raise their elbow or lean their head back as far when drinking a cup of tea or coffee. The cup remains upright due to the rotating handle, avoiding spills and giving the user back confidence and comfort.

[HandSteady.com](https://www.HandSteady.com)



GRiP Steps

GRiP Steps reduce the risk of trips and falls when negotiating high external doorsteps. Positioned in front of your door, GRiP Steps remove the need for one large step to be taken, instead allowing for two much smaller steps. Corrosion and slip resistant, metal GRiP Steps are available in standard and large widths to suit people of all heights and weights.

[RampsForAccess.co.uk](https://www.RampsForAccess.co.uk)



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FOR MORE INFORMATION



CLINICAL CASE MANAGER OF THE YEAR

Leo Woodbridge is a rehabilitation case manager working with case management company, **HCML**. In September, Leo was awarded the Clinical Case Manager of the Year Awards at the CMSUK Awards 2024.



LEO WOODBRIDGE

Following a diverse career in the NHS for over 23 years, Leo moved into case management to utilise his wealth of skills and experience in an area that would allow him to improve health outcomes for people in a more long-term capacity.

We caught up with Leo to find out more about his journey into case management, the case he was recognised for, and what it meant to win this prestigious award.

TELL US A BIT ABOUT YOUR BACKGROUND...

I was in the NHS for about 23 years, I started off portering, then I went into X-ray in an assistant role, and then did an NVQ and then I went to university and I did a Paramedics degree course. It was great, I worked as a paramedic for about 10 years then from there, as I had a young family, I decided to look at other options to help my work-life balance, so I went into community triage for a little while whilst I was deciding what to do.

Then I went into pulmonary rehab, working with people living with lung disease, setting up clinics around Norfolk, where I live. Then there was an opportunity to go into cardiac rehab for people with heart conditions. I did that for

about three years. All in all, I did six years in pulmonary and cardiac.

Case management was always something I had known a bit about because my sister's a case manager. She asked me if I had thought about going to work for HCML, and it seemed like a good opportunity at the time, so a little over two years ago, I applied for a position at HCML and I got the job there.

Ever since then I have been working my way through different cases. My main cases are multi-track and catastrophic, so I have been getting to know all the ways and functions and different types of clients and people I would work with. I'm just trying to use the skills that I have from being a paramedic and my other healthcare background, and use that in what I do now.

It's great, and I really do enjoy it, it's just a different way of looking at how you support people, because you are helping their long-term needs and that's something that I felt was a bit lacking in the NHS - in the sense that you could often only go so far with care. With this role you really can get stuck in and look at all the different parts of their lifestyle and help them. It's >

“

I'm just trying to use the skills that I have from being a paramedic and my other healthcare background, and use that in what I do now”

been quite eye-opening and I feel it is a lot more centred on the person and there is a lot more responsibility on yourself to do things and manage your own workload.

WHAT CHALLENGES DO YOU FIND IN YOUR ROLE?

I am always trying to do what I can for people, and sometimes I think it depends on the stakeholders and if they are going to see what you are putting across. For example, if I think somebody needs a certain type of care and it would be really beneficial and the third party insurer says they are not going to do that or you are waiting for funding and you know we need to do this now – that can be frustrating.

I guess also just general life challenges – potentially people may not want to access certain care or they may not be as engaged in the rehab as you would hope they would be - and sometimes that is not really their fault. They may have chronic conditions and on-going problems which can make it very difficult for them, and you have to explain that to the therapist

and therapy teams, and sometimes explain that they couldn't get to rehab because they have really struggled to get there and they couldn't let you know in time because they don't know how they are going to feel from day-to-day. I try to be the advocate for them and try to explain that to other people.

Working with people who have become homeless, people who can't get on the housing list, or get evicted, or are struggling to pay bills – it could be due to all sorts of reasons – that can be difficult because you are not always there to help them.

TELL US ABOUT THE CASE YOU WERE RECOGNISED BY CMSUK FOR...

I was working with a Romanian man who lived in Colchester and he had quite a bad injury to his foot from where a crate had rolled over it. He had bad crush injuries to his foot and ankle. When I went to see him, he was living with his brother, but not in the best living conditions – they were renting a place that didn't have good sanitation, the toilet was basically broken and they were using a bucket. Before the case became active I was told they had been made homeless, he was evicted because he wasn't able to pay his rent.

Below
Leo Woodbridge receiving his CMSUK Award from Paralympian Martin Perry (left) and Helen Ovans (right), head of Operations at Proclaim Group



As things went on and funding was agreed, his situation just got worse, it was very difficult to set up care for him because he was living on the streets, so he needed to go to a homeless shelter, and I managed to help him with that to some extent. However, he was evicted from this shelter because they thought he was smoking in the bathroom, because they found some evidence of a drinks can with a cigarette butt in it. So, then he was sleeping rough on a piece of shop floor, and his brother was sort of managing his money, but I think there was a little bit of financial abuse going on there.

It made it very difficult, the fact that he had no accommodation, and he was walking around on crutches. I had quite a lot of council meetings and quite a lot of interpretation because he didn't really speak English so we had to have quite a lot of interpreters. There was quite a lot of frustration from his point of view because he couldn't get any information over and then just trying to explain things was quite difficult, so it was another challenge.

Eventually, the council did get on board, they got him somewhere to stay, and the insurance solicitor helped where they could, but it was quite a hard one to manage. His rehab was very difficult because I would have to try to get him to his physio, and that wasn't always possible with transport.

Then he was in accommodation but he couldn't pay his heating bill, he didn't have enough tokens, so I had to try to get in contact with the people to get him heating, I had to contact the foodbank because he had no food. It was just all these social issues that had come about.

It was really difficult, but it worked out that he got what he needed in the end. He got somewhere more substantial to stay, and the case did come to closure so I don't know how he is at the moment, but we did

as much as we could to get him where I felt he was safe, he had somewhere to stay and he had food and warmth.

There was a lot more going on behind the scenes too, I got him to see a specialist for his foot – he had some options, whether he may have to have an amputation or whether he would have to manage with it with further orthotic support. There was quite a lot going on around it all too, his biggest problem was his lifestyle issues, his history of drug abuse and alcohol abuse. He also had other illnesses – hepatitis - and he was quite ill with that at one point so he missed a lot of appointments.

We just had to juggle all of these things along the way.



We did as much as we could to get him where I felt he was safe, he had somewhere to stay and he had food and warmth”

WHAT'S YOUR FAVOURITE THING ABOUT YOUR ROLE?

I think it's just getting involved in people's long-term needs and care, and seeing where they have come from and where they can get to. Setting goals and achieving them – and I know it's not always possible and the goals have to be realistic. I think it just feels good knowing that people are getting better and being able to deal with the long-term issues, going a little bit deeper into what's going on and seeing what you can do to help.

HOW DID IT FEEL TO WIN THE AWARD?

It's just really satisfying and rewarding – it's nice to know that you are getting appreciated for what you do. It's something that I feel isn't always possible in other lines of work. It's very easy to feel undervalued in other areas of work in different jobs, so having been awarded this, it is nice to get the appreciation. I haven't had the opportunity to get that kind of feedback or that kind of appreciation for the work that we do, so it is a big thing.



A world of fun and fitness for all disabled children becomes a reality

Imagine a world where play areas and parks were accessible and inclusive for all. What a beautiful world that would be, allowing individuals of every age and ability to join in, have fun and socialise with others. It's hard to believe just how hard it is for families with disabled children and young adults to find accessible play opportunities.

Gympanzees is a charity dedicated to changing this, by creating a spectacular space to welcome individuals of various ages and abilities, along with their families, to engage in fun activities, games and experiences. The centre

will be designed to offer families a hub where they can socialise, feel supported and less isolated, and ultimately provide a safe space for children to play, learn, develop, and improve their health and wellbeing.

Based in Bristol, Gympanzees is the brainchild of physiotherapist Stephanie When. When Stephanie realised that her clients and families had nowhere in the community offering accessible play and exercise spaces for their children, she decided to take matters into her own hands. Gympanzees began as a series of pop up play centres in



schools and leisure centres over the school holidays, and the impact these accessible pop up play facilities had on the community was staggering. They allowed families with disabled children and young adults access to the rare opportunity of accessible play, exercise and social interaction.

For the last few years Gympanzees have had a vision to open a purpose-built facility that caters for the needs of disabled individuals aged 0-25, and their families and carers too. Following some successful fundraising, in 2023 they managed to purchase a building on a 14-acre site, with seven acres of green land and 500 car parking spaces. It is well located to offer convenient access to families living in South Gloucestershire, Bristol,

They allowed families with disabled children and young adults access to the rare opportunity of accessible play, exercise and social interaction”

North Somerset, South Wales and the surrounding counties.

This facility will be the first of its kind in the UK, and it will make such a difference to the lives of families who have never readily had access to this sort of accessible play and exercise space.

According to research conducted by Gympanzees, 77% of disabled children cannot access leisure facilities, and 72% of parents with a disabled child suffer with mental health issues because of isolation. Leila, a parent from Bristol, said: “Leaving the house when you have a disabled child is almost like a military operation. You have to get ready, you have to think ahead, you have to do the research about accessibility, about changing places.”

Emma from North Somerset said: “As a parent of a child with disabilities accessing fun days out has been a challenge. Isabella was invited to her best friend’s birthday party. It was a swimming pool party. And unfortunately, because Isabella is a full-time wheelchair user, we were unable to go to the party because I couldn’t physically get her into the swimming pool. It was heartbreaking to say to your eight-year-old child, ‘I’m sorry, you can’t go to the party’.”

Through running the pop up sessions, Gympanzees have witnessed incredible results, such as a five-year-old who slept through the night for the first time after her session, and a three-year-old boy who had their first-ever laugh.

Owen, a parent from Bristol, said: "The pop ups are brilliant, but they only pop up during the holidays and can become oversubscribed – a permanent centre would change that."

Emma, mum to nine-year-old Isabella, said: "To have a permanent Gympanzees centre in Bristol would be life-changing for our family. It would give us a sense of belonging. We could come along with other families like us, Isabella could have her birthday party at Gympanzees, and it's all accessible to her and her friends as well."

Below
The new permanent facility aims to be open by 2026



The building is being designed to welcome 200,000 visitors a year, to run sustainably, which will impact so many lives across the UK"



The Next Phase

Now they have secured a site for the facility, Gympanzees is on a mission to raise £8million to create their inclusive vision and transform this space into a fully accessible, life-changing centre by 2026. The centre itself will include the following:

Trampoline Room

Three in-ground trampolines will feature with hoists positioned above all trampolines. These will also be used for rebound therapy.

Music Room

A fully sound-proofed music room complete with high tech equipment, musical floor mat, music beams and musical walls. A fully immersive sensory experience.

Gym

This gym will feature adult and child-sized gym equipment, as well as disability specific items including the Innwalks. In addition, you will find a snowboarding machine, activity walls, active arcade games and a mechanical horse.

Active Sensory Room

The active sensory room will be a feast for all the senses! It will feature an interactive sandpit, multiple interactive screens and an interactive floor area. Children will be able to explore and change the feel of the entire room!

Quiet Sensory

Full of visual and tactile items to explore, the room will be dark with fibreoptic lights, vibrating beds and dark dens. You will also find a bubble machine and projector.

Soft Play

A two-floor multi-ability soft play will offer fun for everyone, with wheelchair accessibility at each level and built to a height that allows parents to get involved.

Indoor Playground

This incredible playground will be inclusive for all. We will be working with disability specialists to design this.

Swing Room

For adrenaline seekers, this room will include swings hanging from the ceiling, platform swings, hug swing, bolster swing and more. You will also find hammocks for lounging, spinning chairs and rockers, plus a bouldering wall and our popular scooter ramp too.



Exercise Studio and Therapy Rooms

There will be a partitioned exercise room designed to hold accessible classes, including disability yoga, martial arts and pilates.

The new state of the art facility will also have therapy rooms, including a physio room, therapy room and breakout rooms for those who might need to take a moment to get away.

These rooms will be filled with soft furnishings and sensory toys.

Party Rooms

These will be available to hire for birthday parties all year round!

The building is being designed to welcome

200,000

visitors a year, to run sustainably, which will impact so many lives across the UK.

To find out more about this incredible venture, visit [Gympanzees.org](https://www.gympanzees.org).

PAEDIATRIC PRODUCTS

DISCOVER THE LIFE-CHANGING PRODUCTS THAT EXIST TO EMPOWER CHILDREN AND YOUNG ADULTS



Two colour options

01

Axiom Lassen 3.0

The Axiom Lassen from Adaptive Star, is a 4-wheeled pushchair designed to offer hassle-free family living and freedom to enjoy indoors and explore the outdoors with ease.

The Axiom Lassen 3.0 has been designed for older disabled children, teenagers and young adults who require a supportive buggy with flexible comfort and support options. It has four large, sturdy wheels that offer great suspension and manoeuvrability, making for a smooth and comfortable ride.

There are options available for users who require additional postural support, including head cushions, side lateral trunk rolls, and seat abductors (pommels). It can be folded easily for storage and transport and it is available in red or navy.

FreedomForKids.co.uk





02 Safespace

The Safespace is a versatile space designed for children with complex needs and behaviours of concern.

It offers children a safe and soft surrounding for use during the day and for sleeping at night. The flexible sides and soft floor reduce the risk of injury from any hard surfaces, and it can be easily transformed in a sensory retreat for children by using fibre optics, sensory projections and play shapes.

It is an ideal solution for bedtime use as it offers a low sensory environment and a safe space for children who wake frequently through the night. It can also be used as a calming space during the day for children who need a private space to de-escalate when feeling stressed.

Safespaces.co.uk



03

Corner Seat

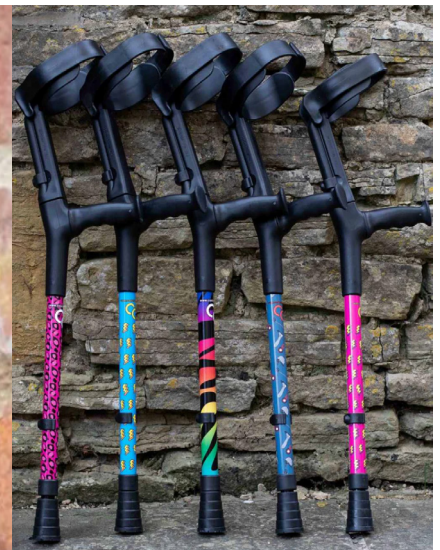
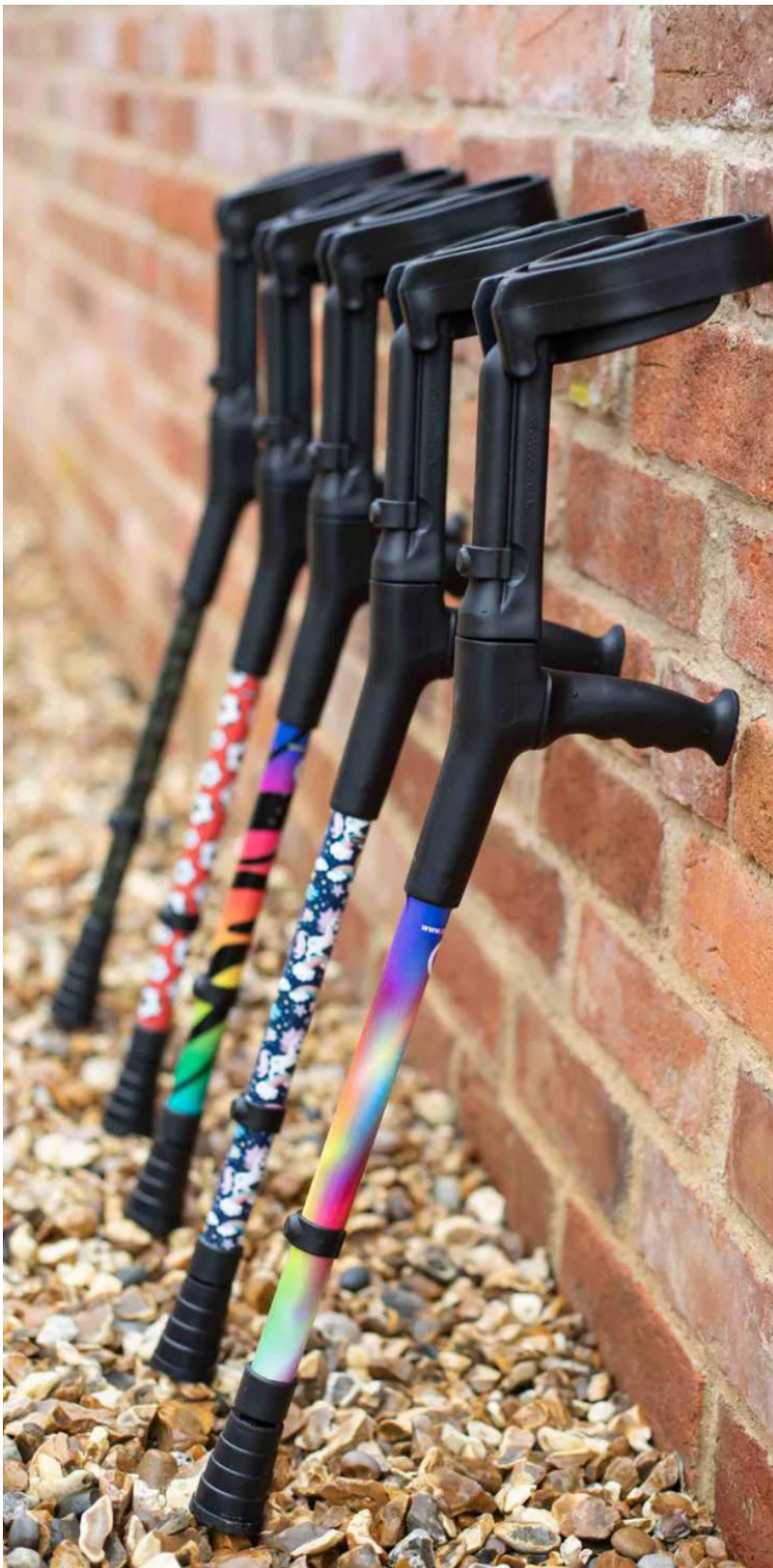
Designed to support children with additional needs with long sitting. It is an ideal first seat to support any child and can be used from six months up to 10 years.

The seat has an adjustable back for height and can be used with or without upper back support. It includes an abduction block for positioning, ensuring their hips are in the optimum position back in the seat, and the corner shape helps the child to keep a midline position and the straps are used to help with trunk positioning. Triangle cushions are available to provide a flat back position with side wings, and close tape straps are used to secure the cushions together.



Jiraffe.org.uk





04

Personalised Children's Crutches

Cool Crutches make crutches for children aged 4-10 years old, and they can be personalised with almost any design that they choose. The personalisation gives children confidence and they will love showing them off to friends and family.

The crutches are designed to be silent, comfortable and safe to use, and they only weight 610g each. The height can be adjusted as the user grows and there are a variety of different ferrules, grips and cuff covers available.

Children can add up to five photos or patterns, they can choose football team designs, unicorns, flags, animals, band names – the list is endless!

CoolCrutches.com

TRAINING, COURSES AND EVENTS

2024

We highlight the valuable training courses, webinars, study sessions and events held by organisations including **CMSUK**, **VRA** and **BABICM**, taking place throughout the year. ➤

CMSUK COURSES

The Court of Protection and cases involving children

When: 17th October

Where: Online webinar

Overview: This webinar presentation will focus on the options available regarding the management of money and compensation awards for children. It will include some analysis of the advantages and disadvantages of each option, as well as some guidance for managing the transition from childhood to adulthood.

[Find out more](#)

What is the difference between a deputyship and a personal injury trust?

When: 14th November

Where: Online webinar

Overview: This presentation will cover the legal foundations of both deputyship and personal injury trusts, discussing their advantages and disadvantages. It will also address the Court of Protection's approach and criteria for ordering each option.

[Find out more](#)

Safeguarding Everybody's Everyday Business – BEYOND the Basics

When: 21st November

Where: Online webinar

Overview: This webinar caters to individuals providing support to



case managers rather than those currently holding the CM title. It is tailored for those who feel assured in their understanding of safeguarding principles and have faced scenarios requiring thoughtful consideration and responsive action in their professional experiences.

[Find out more](#)

Sex, Disability and the Law- Part 2

When: 22nd November

Where: London

Overview: Do you feel that Case managers/support workers should be able to help vulnerable clients engage the services of a sex worker? The controversial ruling in April 2021 that allowed care teams to engage the services for their clients was then overturned at appeal in October 2021. This has sparked a huge debate within our profession and one that many feel is discriminatory and in breach of human rights.

[Find out more](#)

Level 3 - Safeguarding – Adults and CYP

When: 26th November

Where: Online webinar

Overview: This certified course is suitable for case managers, rehab professionals, specialist care providers and for others who work in similar roles within the ABI/spinal injury sector to gain essential Level 3 training in this important area of work. There would be an expectation from regulators/commissioners that staff who work at this level have attended a full day Level 3 training at least once every three years.

[Find out more](#)

Level 4 - Safeguarding Adults and Children

When: 27th – 28th November

Where: Online webinar

Overview: This is a two-day workshop which aims to develop Level 4 knowledge, skills and competencies for safeguarding children and adults at risk so that participants can undertake the roles and responsibilities for taking a lead safeguarding role within their organisation. It will be predominantly aimed at those working in case management, rehabilitation and specialist care agencies who work

with clients with ABI/spinal injuries. This course is aligned to the Bournemouth Competency Framework and the Inter Collegiate Document (both available on request).

[Find out more](#)

BABICM COURSES

New and Would Be Case Management Foundation Workshops

When: 7th November (Level 1) and 21st November (Level 2)

Where: Manchester

Overview: BABICM's 'New & Would Be' workshop is regarded by case management companies and members as the definitive introductory course for new and aspiring brain injury and complex case managers. This unmissable two-part workshop for aspiring professionals is led by two experienced brain injury case managers: Sally Wilkinson and Joanne Foster. It is regarded as the definitive reference for professional behaviour, conduct and aptitude for brain injury case management.

[Find out more](#)

Beyond the Beginnings Case Management Foundation Workshop 2

When: 21st November

Where: Milton Keynes

Overview: This essential professional development workshop is ideal for new and progressing brain injury and complex case managers. This workshop is perfect for case managers who have completed the 'New & Would Be' Case Managers Workshop (Part One) and for those who have started their case management journey and wish to

learn more. The sessions will cover the litigation process, terminology, tricky issues and how the clinical work of case managers fits into the mix.

[Find out more](#)

Paediatrics: Bridging the Gap Between Education and Rehabilitation

When: 4th December

Where: York

Overview: Attend for an insightful day tailored towards case managers who work with children, focusing on bridging the crucial gaps between education and home.

Hear from experienced professionals who will explore innovative strategies, best practices and skills to enhance outcomes for children and young people including carry over of learning into homelife. Don't miss this opportunity to connect with experts and peers in the field.

[Find out more](#)

The Litigation Jigsaw - Fitting the pieces together

When: 23rd January 2025

Where: Birmingham

Overview: A guide through the litigation journey to equip the case manager to understand where their role fits into the process from the outset of a case. It will focus on the roles, responsibilities of the case manager and the expectations of all the key litigation professionals to provide an understanding of how the pieces of the jigsaw fit together.

[Find out more](#)

FND Masterclass

When: 27th February 2025

Where: Bristol

Overview: This training day will

help you gain in-depth insights into all aspects of functional neurological disorder (FND). You will be exploring how to define FND, including the importance of language. How common is FND? And which patients are most at risk of developing functional symptoms? We will look at the prevalence and major risk factors associated with developing FND and how these issues are often intertwined in a medico-legal case.

[Find out more](#)

VRA COURSES

Fatigue Management: An evidence-based pragmatic approach (2 day online course)

When: 22nd – 23rd Oct (all day)

Where: Online course

Overview: Fiona McKechnie and Beverly Knops from Vitality 360, have spent the majority of their professional lives working in this clinical area. They will share their experience in transferring scientific evidence into pragmatic, actionable strategies that clients can put into practice immediately. Relevant for professionals already working in specialist fatigue services and those working with persistent fatigue in other settings.

[Find out more](#)

London Centre for Work and Health: monthly Lunch and Learn webinar sessions

When: 23rd Oct, 26th Nov (12.30pm – 1pm)

Where: Online webinar

Overview: The London Centre for Work and Health (www.lcwh.org) is a cross-institutional partnership involving

clinical and academic researchers from Guy's and St Thomas' NHS Foundation Trust, Imperial College London, King's College London, Queen Mary (University of London), University College London, University of Southampton, Affinity Health at Work and other external partners. The centre runs regular virtual Lunch and Learn webinar sessions which are open to all.

Find out more

New Directions for Government Disability Employment Policy

When: 29th Oct (12pm – 1pm)

Where: Online webinar

Overview: Join Professor Kim Hoque as he explores the cutting-edge proposals of the Disability Employment Charter, which offers practical solutions to break down the barriers disabled people face in the workforce.

Find out more

Vocational Rehabilitation: Assessing & Facilitating Return to Work

When: 7th – 8th Nov (all day)

Where: Online webinar

Overview: This two-day course is specifically designed for occupational therapists, physiotherapists and nurses who are looking to enhance their skills in vocational rehabilitation. This course is delivered by two experienced occupational therapists and provides both theoretical knowledge and the opportunity to participate in practical sessions.

Find out more

Online Vocational Rehabilitation Course

When: 11th Nov (9am – 4pm)

Where: Online course

Overview: The course will provide the participants with a toolbox of work-related knowledge, skills and resources to develop or enhance their current occupational therapy practice. The course will empower occupational therapists to promote health as work outcomes in their current and future practice.

Find out more

VRA Milestone Conference: 30 years Advancing Vocational Rehabilitation **When: 14th Nov (10am – 4.30pm)**

Where: London

Overview: This in-person event, brings together leading professionals for an inspiring day of learning, networking, and celebration. This event promises to be one of our most engaging conferences yet, featuring interactive training sessions, a keynote address from the esteemed Professor Dame Carol Black, and our highly anticipated Annual Awards Ceremony.

Find out more

Spinal Cord Injury Physical Activity Counselling – Training Course

When: One off course which can be enrolled onto at any time, no timeline

Where: Online course

Overview: Free, online SCI Physical Activity Counselling Training on the theory- and evidence-based Best Practices for SCI Physical Activity Counselling. This training opportunity is for physiotherapists and other health care professionals providing physical activity guidance or counselling to individuals with a SCI. This free, online 2.5-hour

self-guided training includes videos, quizzes and additional resources. It also provides practical tips and example techniques to use the best practices in physical activity conversations with adults with SCI.

Find out more

